

TABLE 3

Nonspecific Signs and Symptoms That Suggest the Presence of Pain

- Frowning, grimacing, fearful facial expressions, grinding teeth
- Bracing, rubbing
- Fidgeting, increasing or recurring restlessness
- Striking out, increasing or recurring agitation
- Eating or sleeping poorly
- Sighing, groaning, crying, breathing heavily
- Decreasing activity levels
- Resisting certain movements during care
- Change in gait or behavior
- Loss of function